**Year in Review 2019**

**Pulmonary Rehabilitation, Physical Activity, Self-Management, Respiratory Failure and Palliative Respiratory Care**

Organized by:



**YiR 2019 Day 1 - Pulmonary Rehabilitation and Physical Activity**  
**Wednesday, December 18, 2019**

Chairs: *Martijn A. Spruit* and *Frits M.E. Franssen*  
  
08.30 hrs. Registration + coffee/tea  
  
08.50 hrs. Welcome *by Martijn A. Spruit*  
  
09.00 hrs. Pulmonary rehabilitation and exercise training *by Matthew Maddocks (UK)*

09.45 hrs. Questions and Answers

10.00 hrs. Physical activity *by Fabio Pitta (Brazil)*

10.45 hrs. Questions and Answers

11.00 hrs. Coffee/tea break

11.30 hrs. Oxygen supplementation and/or NIV in combination with exercise training *by Enrico Clini (Italy)*

12.15 hrs. Questions and Answers

12.30 hrs. Lunch  
  
13.30 hrs.  Nutritional modulation with(out) exercise training *by Annemie Schols (NL)*  
  
14.15 hrs. Questions and Answers

14.30 hrs. Early rehabilitation during and after ICU admission *by Rik Gosselink (B)*

15.15 hrs. Questions and Answers

15.30 hrs. Break

16.00 hrs. Keynote lecture: Personalized pulmonary rehabilitation in 2030 *by Caroline Rochester (USA)*  
  
16.45 hrs. Closure *by Frits Franssen*  
  
17.00 hrs. Reception

17.30 hrs.  Buffet

19.30 hrs. End of buffet

**YiR 2018 Day 2 – Self-management, Respiratory Failure and Palliative Respiratory CareThursday, December 19, 2019**

Chairs: *Daisy J.A. Janssen and Bita Hajian*  
  
08.30 hrs. Registration + coffee/tea  
  
08.50 hrs. Welcome *by Daisy J.A. Janssen*  
  
09.00 hrs. Self-management in chronic lung disease *by Paula Meek (USA)*

09.45 hrs. Questions and Answers  
  
10.00 hrs. Informal caregiving in chronic lung disease by *Alda Marques (Portugal)*

10.45 hrs. Questions and Answers

11.00 hrs. Coffee/tea break

11.30 hrs.  Management of acute and chronic respiratory failure *by Michael Dreher (Germany)*

12.15 hrs. Questions and Answers

12.30 hrs. Lunch

13.30 hrs. End-of-life care in chronic lung disease *by Daisy J.A. Janssen (NL)*

14.15 hrs. Questions and Answers

14.30 hrs. Keynote lecture: Respiratory palliative care in 2030 *by Randall J. Curtis (USA)*  
  
15.15 hrs. Closure and goodbye *by Bita Hajian* + handing out of certificate of attendance